

# *unchained* *unbothered* with Keturah Kendrick



## A PODCAST ABOUT FREE BLACK WOMEN

**Nothing soothes the  
soul like setting  
yourself free!**

### ABOUT KETURAH KENDRICK

She's a new voice of inspiration with a message for Black women around the world: "you are enough for you, and you are more than enough for me!" To call her Keturah Kendrick only opens the door of discovery to this woman who cannot be defined by a name or set of expectations. While she's a passionate teacher to her students, she's also an inspiring writer to her readers. She fulfills her life mission as an ambassador of freedom to black women, living and loving life beyond boundaries in order to create peace.



**In the words of Keturah: "This podcast is about Black women all over the world, living out loud on their own terms, sharing their unique journeys to the center of themselves. Each episode features a 21st century Sista telling her story about how she got there; how she simply got free!"**

### ON THE 2019 SEASON

**Coming up...**

**Dr. Yaba Blay**, Professional Black Girl

**February**

**Evita Robinson**, Nomadness Travel Tribe

**March**

**Chana Ewing**, Geenie Box/LittleBigGirl, Co.

**April**

# WEBSITE

[UNCHAINEDUNBOTHEREDPODCAST.COM](http://UNCHAINEDUNBOTHEREDPODCAST.COM)

## PODCAST STATS

600+ Downloads/month

100+ Subscribers

1,000+ Social Media

Followers

and *GROWING DAILY*

## WHERE TO LISTEN

Apple Podcasts / iTunes

Google Play

Sticher

Tune In

Spotify

Soundcloud

## LISTENER PRAISE

"I can't even tell you how amazing and powerful this is. It's so empowering and beautiful." - **Nutsy Waterbelly**

"I subscribed to the podcast and I love everyone I've listened to. Such great stories and I love how each is living their life in spite of what anyone thinks. You've found a fan in me." - **curvedcity**

"Always an engaging conversation; listen as women describe how they make their way in the world and make space in their lives for themselves." - **Marian Moore**

"I must say I have truly enjoyed listening to each episode receiving a different perspective of how others think and live. Thanks for sharing your gifts." - **shesjaszey**

## POPULAR EPISODES

**Shira Does Not Do Monogamy**

Episode 1 - March 9, 2018

**Dana Needed Something Different**

Episode 5 - May 4, 2018

**Candace Studied Her Way Out of Religious Belief**

Episode 19 - November 16, 2018

**Ms. West Found a Better Life Outside the USA**

Episode 13 - August 24, 2018.